

What If ... Awareness Campaign

Peritoneal Dialysis

No Water



Most patients think they are prepared for an emergency, but are they really?

Emergency Checklist

- ☐ Do not use tap water if there is a boil advisory or if you suspect contamination. Practice strict hygiene using hand sanitizer for cleaning your hands before touching your catheter or supplies.
- ☐ To help prevent infection, do not shower while your water supply is unsafe. Keep your peritoneal dialysis (PD) catheter and exit site completely dry. You can use bottled water and a washcloth or sponge bath to clean your body, being careful to avoid the catheter area.
- ☐ If there is a sewage line or water main pipe break in your area, do not use the water in your home for drinking.
- ☐ Keep a 3-day emergency diet kit, including 1 to 2 gallons of bottled water. On the 3-day emergency diet, you are only allowed 2 cups of fluid per day.

The Facts

The biggest risk during a water outage is infection (peritonitis), which can occur if bacteria from an unclean environment or unwashed hands enter your catheter.

Contact your water supplier and inform them your household has a home dialysis patient requiring water for medical treatment. Save your water supplier's contact information as part of your disaster plan.



**Kidney Community
Emergency Response**

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